

Curriculum Grade Book

Morgan County School District

Final, 01/11/2010

Career Choices-Agriculture

PL/VS

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Physical Education																														
<p>■ 2.2.01 (DOK 2) ASSESSED</p> <p>The learner will be able to explain how physical, emotional/mental, and social benefits result from regular participation in leisure/recreational or competitive physical activities: PHYSICAL: Disease prevention, weight management, muscular strength, muscular endurance, flexibility, cardio-respiratory endurance, control of body movements, increased metabolism, reduction of body fat, decrease in cholesterol, decreased heart rate. MENTAL/EMOTIONAL: Reduces anxiety/stress, depression provides better body image, improves self-discipline, and self-respect. SOCIAL: Provides opportunity for interaction with others, cooperation, friendship, teamwork, respect for others, and tolerance.</p>																														
<p>■ 2.3.01 (DOK 3) ASSESSED</p> <p>The learner will be able to describe the components of fitness (muscular strength, muscular endurance, flexibility, body composition, cardio-respiratory endurance) and apply the FITT Principle (Frequency, Intensity, Type, Time) to create a comprehensive exercise plan.</p>																														
<p>■ 2.3.02 (DOK 2) Supporting</p> <p>The learner will be able to compare offensive and defensive strategies and basic rules of play for a variety of games and sports.</p>																														
<p>■ 2.3.03 (DOK 3) Supporting</p> <p>The learner will be able to analyze the value and role of rules, fair play, cooperation, and sportsmanship for spectators/participants during games and sports.</p>																														

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Consumerism																														
<ul style="list-style-type: none"> 3.3.01 (DOK 3) ASSESSED The learner will be able to compare consumer actions (reuse, reduce, recycle, choosing renewable energy sources, using biodegradable packaging materials, composting) and analyze how these actions impact the environment (e.g., conserving resources; reducing water, air, and land pollution; reducing solid waste; conserving energy; greenhouse effect, slowing global warning). 																														
<ul style="list-style-type: none"> 3.3.02 (DOK 2) Supporting The learner will be able to describe the relationship among private, public, and nonprofit health agencies and compare the services provided by each agency: Private health care facilities (e.g., private physicians, nursing homes, rehabilitation facilities) Hospitals: Public Health Departments and Clinics: DES (Disaster and Emergency Services), Family Resource Centers: Medicare/Medicaid Insurance: Nonprofit health organizations (e.g., American Heart Association, American Red Cross, American Cancer Society). 																														
Vocational Studies																														
<ul style="list-style-type: none"> 4.1.07 (DOK 2) Supporting The learner will be able to compare post-secondary options (e.g., community technical colleges, 4-year colleges, military service) that would be the most appropriate preparation for a specific career path. 																														

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Health Education																														
<p>■ 1.2.01 (DOK 3) ASSESSED</p> <p>The learner will be able to analyze the effect of individual behavior choices and habits relating to diet, exercise, rest, and other choices (e.g., tobacco, alcohol, and other drug use) on various body systems (e.g., circulatory, respiratory, nervous, digestive).</p>																														
<p>■ 1.2.02 (DOK 2) ASSESSED</p> <p>The learner will be able to describe symptoms, causes, patterns of transmission, prevention, and treatments of communicable diseases (e.g., hepatitis, tuberculosis, STD/HIV) and non-communicable diseases (cancer, diabetes, obesity, cardiovascular disease, arthritis, osteoporosis).</p>																														
<p>■ 1.2.03 (DOK 2) ASSESSED</p> <p>The learner will be able to explain risks associated with unhealthy habits and behaviors (e.g., dietary, physical activity, tobacco, alcohol, steroids, other substance abuse, sexual activity, violent/aggressive behavior).</p>																														